

# BERGEN NEW JERSEY *County*

Bergen County Executive  
**James J. Tedesco III**  
and the

Board of Commissioners

Cordially invite you to

**GET FIT**  
*Bergen*

## SPRING WORKOUT

**FREE FITNESS CLASSES**

ALL-INCLUSIVE RECREATION PROGRAMS



*Free* classes sponsored by the Bergen County Departments of Health Services, Human Services and Parks and Recreation

**WEDNESDAYS, MAY 12TH – JUNE 2ND, 2021**

**TIME: 10:30AM - 11:30AM**

**J. A. McFaul Environmental Center - Pavilion**

**150 Crescent Ave, Wyckoff, NJ 07481**

Registration Required: <https://bergenworkout2021.eventbrite.com>

**MASKS REQUIRED • MAINTAIN SOCIAL DISTANCING**

**NO CLASS IF RAINING • BRING YOUR OWN MAT • SIGNED WAIVER REQUIRED**

For special accommodations, weather cancellations or to register by phone

contact Marla Klein • 201-274-5094 • [mklein@co.bergen.nj.us](mailto:mklein@co.bergen.nj.us)



James J. Tedesco III  
Bergen County Executive

Board of Commissioners

Steven A. Tanelli, *Chairman* • Tracy S. Zur, *Vice Chairwoman* • Dr. Joan M. Voss, *Chair Pro Tempore*  
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**GYMGUYZ**  
#1 in Home Personal Training®